

## 49th Lexington Track & Field Invitational

Time Schedule:

9:15 AM: Spectator Gates Open

9:30 AM: Head Coaches Only Meeting (above concession stand) Starting heights to be determined.

**10:00 AM:** Girls 4X800 Relay

Boys 4X800 Relay

Pole Vault - Girls first, Boys to follow

Long Jump - Open pit for boys until 11:00 - 4 Jumps / Open pit for girls from 11:00-Noon - 4 Jumps

High Jump - Girls first, Boys to follow

Shot Put - Boys first Girls to follow - 4 throws - 4 flights Discus - Girls first Boys to follow - 4 throws - 4 flights

## 12:00 PM: Timed Finals (No Prelims)

Boys 110 Meters Hurdles Girls 100 Meters Dash Boys 100 Meters Dash Seated 100 Meter Dash Girls 4x200 Relay Boys 4x200 Relay Girls 1600 Meters Run Boys 1600 Meters Run Girls 4x100 Relay Boys 4x100 Relay Girls 400 Meters Dash Boys 400 Meters Dash Seated 400 Meters Dash Girls 300 Meters Hurdles Boys 300 Meters Hurdles Girls 800 Meters Run Boys 800 Meters Run Seated 800 Meters Run Girls 200 Meters Dash Boys 200 Meters Dash Girls 3200 Meters Run Boys 3200 Meters Run Girls 4x400 Relay

Boys 4x400 Relay

Girls 100 Meters Hurdles

<sup>\*</sup>Any seated races will be placed after the same event in the finals once we know the participants. Lexington currently has a girl in the 100 meter, 400 meter, & 800 meter seated events